



Way of the Doll Workshop Testimonials

David Surrenda Ph.D., Dean, John F Kennedy University, Orinda, California

Teachers promise transformation left and right but very few deliver like Cassandra Light. Her *The Way of the Doll* journey takes every participant directly through the eye of the transformational needle. Using sculpture, myth, and group collaboration as the vehicle for depth exploration, the class opens doors to self-knowledge and self-healing that other methods hardly touch, if at all. You will be moved by the power of everyone's learning and healing.

Pamela Pierson, J.D., CFLS Family Law Attorney, San Francisco.

Cassandra Light is a fabulous teacher! I took her workshops two years in a row and the tools I acquired have been invaluable in working to help my divorce clients address issues of loss and to work to turn their experience into one of positive personal growth. Applying Cassandra's skills to a workshop that focuses specifically on family law matters will certainly be a boon to family law practitioners.

Jean Shinoda Bolen, M.D., Psychiatrist, Mill Valley, California.

Cassandra Light taps into the archetypal layer of the psyche to bring forth not only her own work, but the psyche and work of others. When a group or another person or therapist can be trusted with parts of ourselves that wounded, that same safety makes it possible for new, vulnerable, innocent parts of a person to emerge, as well as becoming a place to share valued parts of one's inner life that have not been expressed elsewhere. Depth work is not just about wounds and pains, but about discovering sources of creativity and spirituality; about finding the beauty of one's own soul and having it seen and valued by others. I have long felt that depth therapy is an art form and through work done in Cassandra Light's classes I see that an art form can also be depth therapy.

Adrienne Amundsen, Ph.D., Psychotherapist, San Francisco.

As a psychotherapist for the past 26 years, I have experienced many workshops and many teachers. Cassandra is in a class of her own, she is a healer and a visionary whose teachings have changed my life and my practice. During the first workshop she helped me address my deep sorrow about my lost baby, allowing me to turn my grief into art, release me from its stranglehold, and experience amazing personal growth. Her next two workshops helped me with terror and are still bearing fruit in my ongoing struggle to engage in social activism and deal with traumatic cases and at-risk patients. I am looking forward to the next workshop by this skilled master.

Richard Glanz, J.D., San Rafael, CA.

I have attended Cassandra's workshops and would highly recommend her teachings to attorneys, mediators, and therapists who wish to raise the level of their practice. Her unique approach can help professionals successfully handle complex family and interpersonal issues.

Workshop Program and Fees

Weekly Circle: Members meet in the same collaborative group for 2 1/2 hours each week for 10 months, with three collaborative groups. The entire community meets one Sunday afternoon each month.

Schedule: Circles commence in October 22, 23, 24, 2007 and close on June 30, 2008, with several weekly breaks.

Exhibition: On September 20, 2008, all group members are invited to present their work in a gallery setting for their family and community to experience. Refreshments and entertainment will be provided.

Tuition: Students pay \$4,000 for the teaching and clay supplies. Payment plans and partial scholarships based upon need available. Check, cash, Visa and MasterCard are accepted.

Cassandra Light, 138 Crescent Avenue, Sausalito, CA 94965

Office: 415.887.9571; Cell: 510.292.5900

cassandra@light@yahoo.com - <http://www.wayofthedoll.com/workshops.html>