

Cassandra Light

Cassandra is a relationship counselor, life coach, teacher, artist, and author. Her practice focuses upon communication and leadership development, conflict consulting, personal care and transformation, dreamtending, and sculpting. Her training for family law attorneys and therapists: “Where Truth Lies: Transforming Anger and Loss into Acceptance and Closure Following Separation and Divorce” wins high praise from participants in the day long workshop.



Cassandra is internationally recognized for her teachings of personal transformation at *Way of the Doll School*, which she founded in 1980. Chronicle Books published *Way of the Doll: the Art and Craft of Personal Transformation* in 1996. Her book is the standard reference text for teachers and students who seek soul development through a transformational journey that combines sculpting and psychological inner work.

Cassandra’s teachers and studies include:

Death and Dying Training, 1981-1985

Stephen Levine and Dr. Elisabeth Kubler-Ross, San Francisco Bay Area

Depth Psychology and Dreamtending Training, 2000-2005

Marion Woodman, Berkeley

Dr. Stephen Aizenstat, Pacifica Graduate Institute, Santa Barbara

Academic Sculpture Training, 2001-2006

The Florence Academy of Art and private tutoring

Lotta Blokker (Florence and Amsterdam), Robert Bodem (Florence)

Mediation and Conflict Resolution Training, 2006

Advanced Mediation, Mill Valley, Gary Friedman and Kathy Stoner

Leadership and Communication Training, 2004-2007

The Fourfold Way, Big Sur (Esalen), Angeles Arrien

The Fourfold Way Yearlong, Sausalito, Angeles Arrien

Threshold Training, Sausalito, Patrick O’Neill

Psychology Studies, 1990-2007

Organizational Psychologist, David Surrenda, Ph.D.

Depth Psychologists, James Hollis, Ph.D. and James Hillman, Ph.D.

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