

The Way of the Doll: A Transformational Journey

The Way of the Doll is a school of personal transformation because it is as much a spiritual and mystical journey as a creative and psychological one. *The Way of the Doll* is an encounter with powerful archetypal figures that are shaped, garbed, and often placed in settings that come out of the symbolic psyche of each student in the class.

Mythology, dream work, depth psychology, alchemy, sculpture, textile, craft poetry, and storytelling all come together during our monthly practice and personal meditation.

- Creating your “mythic doll” can help restore your dream and reawaken your creativity that had as a child.
- Experiencing a collaborative community circle can help bring depth, power, and healing to you and your community.
- Sculpting with clay and your hands can help deepen and enhance your self-realization and language skills, opening your life and your world.

The Sacred Circle: A Creative Collaborative Community

In *Way of the Doll* classes we are fellow travelers sharing a journey of common interest and destination. While we each have our own path and timeframes, we make an intention to journey as collaborators in order to mirror as a collective the mystery of what lies within each of us: *Nobody can see his or her own face without a mirror. And whatever we see in that mirror, for better or worse, must first be accepted before it can be transformed.*



Eros

Imagine you have a dream of re-creating something special in yourself or your life. You sense a stirring or longing within you, something both disturbing and fascinating. While this feeling may manifest as anxiety or depression you intuit an opening with an opportunity to create a new self. Inspired by our dreams, feelings, doll images, and “stories,” you know that the right attitude within a supportive circle will make this re-creation occur. So you begin your journey to accomplish the seemingly impossible, with a first step.

A hero or heroine is an ordinary person who accomplishes the extraordinary. We are all necessary to this world and at some point in our lives we make the hero's or heroine's journey to realize this fact.

Is *Way of the Doll* your path?

If you, your friends or community are interested in finding out whether the *Way of the Doll* process may be your path, an introductory evening will let you experience the process and community. If after attending the introductory evenings you decide to proceed further, we will meet one-on-one to dialogue in more detail. Members of the *Way of the Doll* community often feel a need to return to the circle and I value their participation and leadership. Classes will be held in Marin and the East Bay.

Year-long Circle: September 1, 2008 through November 21 (December/January break) February 2 through July 31, 2009

Student Exhibition: September 20, 2009

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